



FOOD BANK

The Hope Centre Food Bank project aims to provide 3 days of emergency food for those who face financial difficulties because of debt, unemployment, sickness, domestic violence etc.

As you do your shopping, would you consider buying some of these items which we are currently short of?

Shopping List

1	Tinned meat <i>(Curry / Chilli / Stew / minced beef)</i>
2	Tinned Vegetables <i>(sweetcorn, peas, carrots etc)</i>
3	Tinned Potatoes
4	Tinned Fruit <i>(Peaches, pears, fruit cocktail etc)</i>
5	Tinned Rice Pudding
6	Pasta sauce
7	Weetabix
8	Biscuits (small packet)
9	Tinned tuna
10	UHT Milk 500ml

Thank you very much!